



# Take Charge of Your Heart Health!

In recognition of American Heart Month, Atrium Medical Center and Premier Community Health will offer free screenings throughout February.

**Friday, February 5, 9 a.m. to 3 p.m.**

*Middletown Area Senior Center, 3907 Central Ave.*

**Wednesday, February 10, 7 a.m. to noon**

**Wednesday, February 17, 3 to 8 p.m.**

*Atrium Medical Center, Professional Building  
5th Floor Auditorium*

**Thursday, February 18, 10 a.m. to 7 p.m.**

*Monroe City Building  
Community Room, 233 South Main St.*

Screenings include total cholesterol, HDL (good cholesterol), blood sugar and blood pressure. Fasting is not necessary and no appointment is needed.

For more information about these screenings or Atrium's heart program, visit

**AtriumMedCenter.org/heartmonth**  
or call toll free **877-AT-ATRIUM**  
(282-8748).



**Atrium Medical Center**  
Premier Health Partners