



## Safe Haven Farms 5k Run/Walk

Sunday, September 20, 2009 at 9:00 am

Lakota West Football Stadium

8940 Union Centre Blvd.

Union Center Blvd., West Chester

Come join your family, friends and neighbors for the 1<sup>st</sup> Annual Safe Haven Farms 5k Run/Walk. Men, women and children are invited to share in the excitement as we come together to raise awareness and support for Safe Haven Farms. The "flat and fast" race route begins at the Lakota West Football Stadium and runs NW along Union Center Blvd. towards Mulhauser Barn then loops back to finish at the stadium.

Safe Haven Farms is a non profit organization offering residential, day and community service for individuals on the autism spectrum. It provides a variety of meaningful living, working, learning and leisure activities in a safe and accepting farm environment, where every individual is respected as a valued and contributing community member.

**Awards:** First male/female runner and walker, plus top finisher in each division.

**Runner Division:** 14 & under 15-19 20-29 30-39 40-49 50 and over

**Registration:** Pre-registration available by mailing entry form & fee, postmarked by September 9, 2009.

Register online @ [www.active.com](http://www.active.com) Search words: Safe Haven Farms.

Pre-race packet pick-up: Saturday September 19<sup>th</sup>, 10am-6pm at Mojo Running

Individual \$25 Kids 14 & under \$10

Kids 10 & under Fun Run~Free (takes place after the 5k; no t-shirt)

Race day registration begins at 7:30am \$30 t-shirt (t-shirt while supplies last)



**Make checks payable to SAFE HAVEN FARMS INC.**

**Send registration to:**

**Mojo Running Store**

**9318 Union Centre Blvd.**

**West Chester, Ohio 45069**

Questions or concerns please contact Jill Wojno @ 513-870-9299

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### Official Registration Form

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_

Age on race day: \_\_\_\_\_ Sex: (circle one): M F Category: \_\_\_ 5k run \_\_\_ 5k walk

Telephone #: \_\_\_\_\_ Email address: \_\_\_\_\_

T-shirt size (choose one): S M L XL

WAIVER: In consideration of the acceptance of my entry, I hereby waive on behalf of myself, my heirs, executors and assigns, any and all claim of any nature arising from or due to my participation in the Safe Haven Farms 5k Run/Walk. I also hereby release Lakota Schools, all sponsors, workers, officials and volunteers from any and all claims arising from or due to my participation in this event. I agree to follow all rules of participation and acknowledge that the race committee may refuse or return my entry at its discretion. I understand the risks for such a run or walk, and have trained and prepared adequately in preparation for the event. I HAVE NOTED ANY MEDICAL CONDITION on this entry form. I permit the use of my name and likeness while participating in this event for publicity, for no additional consideration. I also understand that entry fees are non-refundable.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature (if under 18) \_\_\_\_\_ Date: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone \_\_\_\_\_